

Participant Waiver

Raft Mountain Nordic Relay Race, January 29, 2011

Each racer **MUST** sign his/her own waiver

In consideration of **Cross Country Canada** (hereinafter called CCC), **Cross Country BC** (hereinafter called CCBC) and the **Wells Gray Outdoors Club** (hereinafter called the WGOC) accepting my entry into the above named activity, I hereby myself, my heirs, executors, administrators and assigns, forever release, and forever discharge, **CCC, CCBC, and the WGOC**, their executive directors, servants, agents, sponsors, supporter, employees or volunteers from any and all claims, demands, damages, costs (including solicitor and client costs on a full indemnity basis), actions or servants, agents, sponsors, supporters, employees or volunteers.

Without limiting the generality of the foregoing, I further release any and all recourses which I may now or hereinafter have resulting from and decisions of **CCC, CCBC and the WGOC**.

In addition to the foregoing, I further waive any claims I might have a connection with any cancellation or rescheduling of the event for whatever reason.

I declare that my physical condition, to the best of my knowledge, is adequate to participate safely in the sport of cross country skiing, and no physician or other qualified individual has advised me against participating in the sport. I further acknowledge and agree that it is my choice as whether I will obtain a physical examination prior to participating in the event, and I hereby acknowledge and agree to assume all risks associated with not obtaining such examination, or if I do obtain an examination and am instructed not to participate in the event, I hereby assume all risks associated with my participation.

I authorize and consent to the publication by the **CCC, CCBC and WGOC** of any materials containing my name or picture, and I release to the **CCC, CCBC and the WGOC** and all persons acting under authority from them, any claims I might have due to the initial or subsequent publication of such material.

By completing this **Waiver of Liability**, with my signature below, I hereby agree to abide by the Rules and Regulations as set forth by the **CCC, CCBC and the WGOC**, and to follow the instructions of the volunteers, organizers and officials during the event.

Adult Participant Release and Waiver

As a participant of the Raft Mountain Nordic Relay Race, I have read and understand the contents and intent of this waiver.

Name: _____

Name: _____ Date: _____

Signature: _____ Witness: _____

Minor Participant Release and Indemnification

As a parent or guardian of _____ Who is under the legal age of 19, I have read and understand the contents and intent of this waiver and accept it's terms and conditions on behalf of _____

Parent/Guardian: _____ Date: _____

Signature: _____ Witness: _____